

# HRI International Homeopathy Research Conference

Barcelona, 31 May - 2 June 2013

## Pre-Conference Workshop Programme

**Pre-Conference Research Workshops**

**THURSDAY 30 MAY 2013**

**14:00 – 14:40 Demystifying research publications**

**Ms Kate Chatfield**, *Course Leader MSc Integrated Healthcare, School of Health, University of Central Lancashire, UK*

Using a real example, Kate will show participants how to make sense of a research paper. Together you will look at issues such as how to assess the quality of the research, how to spot bias, what the statistics actually tell us, and the implications of the study.

*Ms Chatfield is course leader for MSc Integrated Healthcare (e-learning) at the University of Central Lancashire, UK. She has been involved in homeopathy research for many years and, in her role as tutor, has designed and delivered courses in research methods at many different levels. Currently Kate is responsible for teaching introductory and advanced research methods to postgraduate students on a number of MSc courses at UCLan, including MSc Homeopathy. Kate has a background in philosophy and her current research involves analysis of ethical challenges in complementary and alternative medicine.*

**14.40 – 15.20 How to write a protocol**

**Dr Clare Relton**, *Research Fellow, School for Health and Related Research, University of Sheffield, UK*

Learn how to write a protocol (a plan to conduct research) which: a) gets funded, b) is workable, and c) helps produce meaningful answers/ results. Clare will share what she has learnt about this topic over the last 8 years of writing protocols.

*Dr Relton originally studied Philosophy at the University of Newcastle upon Tyne (UK). She worked as a homeopath in the NHS 1998-2005 and was made Fellow of the Society of Homeopaths in 2009. She was awarded a Department of Health Pre Doctoral Training Fellowship from 2003 to 2008, obtained her MSc (Health Services Research) in 2004 and received her PhD (Clinical Trial Design) in 2009. Dr Relton is involved in research in obesity, chronic pain, IBS, and pragmatic clinical trial design.*

15:20 – 15:40 Coffee

### 15:40 – 16:20 Choosing your trial design – perfect fit or round pegs in square holes?

**Dr Elizabeth Thompson**, *Lead Clinician/Consultant Homeopathic Physician and Honorary Senior Lecturer in Palliative Medicine, Bristol Homeopathic Hospital, UK*

Liz will draw on her experience of running different trial designs and looking at the kind of evidence that can help to develop clinical services. She is very happy to take questions in what should be an interactive session, so don't be shy.

*Dr Thompson is a Consultant Homeopathic Physician specialising in oncology. Her clinical research interests have focused on the possible role for homeopathy as a novel approach to symptom control in the cancer patient and in particular managing side effects of cancer treatments.*

### 16.20 – 17.00 Experimental Basic Research in Homeopathy: an Introduction

**Dr Stephan Baumgartner**, *Lecturer, Institute of Complementary Medicine KIKOM, University of Bern and Senior Researcher, Society for Cancer Research, Arlesheim, Switzerland*

During this comprehensive workshop Stephan will introduce you to key sources of basic research literature (databases, publication providers and journals which publish homeopathic basic research), plus the most active research working groups worldwide, relevant meetings, conferences and researchers' organisations. Stephan will also discuss key issues such as publication standards for homeopathic basic research, standards for solid experimental work and the specific challenges in basic research in homeopathy.

*Dr Baumgartner's research focuses on the potentisation procedure, using bioassays and physiochemical investigations. He is a founding member of The International Society of Complementary Medicine Research and a vice-president of the International Group for Research on Infinitesimal Doses (GIRI).*

#### Pre-conference workshop fees

Full afternoon programme of four workshops

**THURSDAY 30 MAY 2013**

Standard fee £45.00

Student rate £40.00

For further information, or to make a booking, see [www.HRIBarcelona2013.org](http://www.HRIBarcelona2013.org). Please note that although every attempt will be made to follow the programme as described, it remains subject to change.